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KIDS LEARN ABOUT HEALTHY FOODS THROUGH BINGO

Omaha, Nebraska (February 24, 2006) --- On February 24, 2006, an interprofessional group of Creighton students led approximately 35 Omaha Tribe youth in Bingo. But this was not any old Bingo game; instead it was Food Pyramid Bingo. Food Pyramid Bingo transforms traditional bingo into an educational tool about healthy food choices and appropriate portion sizes of all food groups. Instead of a traditional Bingo card, the Bingo cards are made up of appropriate servings of healthy foods modeling for the youth about what portions mean to healthy eating habits.

The interprofessional group of Creighton students participated in the outreach project as part of the 3-day Short Term Native American Immersion offered by the Office of Interprofessional Scholarship, Service and Education (OISSE), funded by Health Resources and Services Administration Grant (1D36HP03158) *Circles of Learning: Community and Clinic as Interdisciplinary Classroom*. The Quentin N. Burdick Rural Interdisciplinary Training grant supports meeting health related needs in the community of the Omaha Tribe of Nebraska and promoting learning experiences for interprofessional health professional students.

The Creighton student participants included 4 Doctorate of Pharmacy students Katie Gsell, Shari Hirata, Rebecca Pettit, and Valerie Williams; 2 Doctorate of Physical Therapy students Ami Neder and Laura Spanheimer; 1 Doctorate of Occupational Therapy Student Cindi Kumpf; and 1 Nurse Practitioner student Kelly Bean.

OISSE offers 2 Native American Immersions each semester along with supporting the Native American Special Interest Group, clinical experiences in the Omaha Nation, and a post-graduate residency program. For more on OISSE, visit <http://oisse.creighton.edu>.



Photos: (Above, left) Pharmacy student Kate Gsell assists an Omaha Nation youth in Food Pyramid Bingo.

(Above, right) Two Omaha Nation Youth assist Nurse Practitioner student Kelly Bean in calling the Bingo cards.